

# Guidelines for addressing HIV in humanitarian settings: Action framework – The Matrix

Sector	Preparedness	Action sheet title	Minimum initial response	Expanded response
<b>HIV awareness-raising and community support</b>	<ul style="list-style-type: none"> <li>Develop information, education and communication materials and manage stocks</li> <li>Map people living with HIV and community support networks</li> <li>Familiarize staff with existing guidance on community mobilization as outlined in the IASC Guidelines on Mental Health and Psychosocial Support</li> </ul>	1.Raise HIV awareness and empower communities	<ol style="list-style-type: none"> <li>1.1 Establish an awareness and community support group</li> <li>1.2 Disseminate existing messages and material using appropriate channels</li> </ol>	<ul style="list-style-type: none"> <li>Further assess the local HIV situation</li> <li>Expand HIV prevention and awareness programmes</li> </ul>
<b>Health</b>	<ul style="list-style-type: none"> <li>Ensure training for standard precautions, blood safety and waste management</li> <li>Provide guidance to people living with HIV on treatment adherence and on counselling and establish confidential registers and medication cards</li> <li>Ensure that system acuity management includes HIV health mapping</li> <li>Conduct assessment on key populations at higher risk of exposure to HIV</li> <li>Train community health workers on HIV</li> <li>Ensure a buffer stock of commodities and treatment</li> <li>Advise people living with HIV on where and how to access services if a natural disaster or complex emergency arises</li> </ul>	<ol style="list-style-type: none"> <li>1.Prevent HIV transmission in health-care settings</li> <li>2.Provide access to good-quality condoms</li> <li>3.Provide post-exposure prophylaxis (PEP) for occupational and non-occupational exposure</li> <li>4.Manage sexually transmitted infections (STI)</li> </ol>	<ol style="list-style-type: none"> <li>1.1 Establish standard precautions and emphasize their importance in health-care settings</li> <li>1.2 Segregate and store all waste from patients, collect it daily and dispose of infectious waste appropriately</li> <li>1.3 Ensure safe blood supply and rational use of blood</li> <li>2.1 Ensure the supply of good-quality condoms</li> <li>2.2 Ensure access to condoms and information on proper condom use</li> <li>3.1 Include PEP in the clinical management of rape survivors</li> <li>3.2 Provide PEP for occupational exposure</li> <li>4.1 Provide syndromic treatment of patients presenting with STI symptoms at the first encounter</li> <li>4.2 Provide presumptive STI treatment as part of the medical management of rape survivors</li> </ol>	<ul style="list-style-type: none"> <li>Provide all health facility staff (including drivers, janitors, cleaners) with training/a refresher course on standard precautions</li> <li>Ensure the establishment of long-term environmentally friendly waste management options</li> <li>Establish/restore blood bank services</li> <li>Plan and conduct expanded condom promotion campaigns</li> <li>Adapt messages and multiply information channels and condom outlets</li> <li>Train medical staff on the clinical management of rape</li> <li>Establish and expand a multisectoral gender-based violence coordination mechanism/working group at the national, regional and local levels</li> <li>Train health-care and auxiliary staff on standard precautions to prevent occupational exposure</li> <li>Ensure a comprehensive public health package for STI control</li> <li>Establish comprehensive STI case management at first contact</li> <li>Ensure quality care in STI programmes</li> </ul>
		<ol style="list-style-type: none"> <li>5.Prevent mother-to-child transmission (PMTCT)</li> <li>6.Provide care for people with HIV-related illnesses</li> <li>7.Provide antiretroviral therapy (ART) to those in need</li> <li>8.Provide basic health care and support to key populations at higher risk of exposure to HIV</li> </ol>	<ol style="list-style-type: none"> <li>5.1 Ensure clean and safe deliveries</li> <li>5.2 Continue antiretroviral (ARV) drugs for pregnant women already on ARV drugs</li> <li>5.3 Provide ARV drugs for PMTCT where the mother is known to be HIV-positive</li> <li>5.4 Provide treatment, care and support for infants</li> <li>5.5 Provide infant feeding guidance for HIV-positive mothers</li> <li>5.6 Ensure the availability of contraceptives</li> <li>6.1 Provide co-trimoxazole prophylaxis for HIV-related illnesses</li> <li>7.1 Identify people requiring continuation of ART</li> <li>7.2 Provide ART to those previously on treatment</li> <li>8.1 Ensure that key populations at higher risk of exposure to HIV have access to HIV prevention interventions for sexual transmission of HIV</li> <li>8.2 Ensure that known injecting drug users have access to clean injecting equipment</li> </ol>	<ul style="list-style-type: none"> <li>Establish comprehensive maternal and newborn care services</li> <li>Establish integrated PMTCT programmes</li> <li>Establish comprehensive infant feeding counselling for mothers and support for infants exposed to HIV</li> <li>Establish appropriate and effective family planning services</li> <li>Provide prophylaxis of other uncomplicated opportunistic infections</li> <li>Treat basic uncomplicated opportunistic infections</li> <li>Ensure access to vaccinations</li> <li>Ensure access to nutritional care and support</li> <li>Ensure continuation of care services for people living with HIV, including home-based care</li> <li>Establish voluntary counselling and testing services</li> <li>Initiate and scale up ART programmes</li> <li>Expand interventions targeting key populations at higher risk</li> <li>Expand interventions targeting sex workers, men who have sex with men and transgender people</li> <li>Provide injecting drug users with access to harm reduction services</li> </ul>
<b>Protection</b>	<p>Review existing laws and policies concerning people living with HIV and key populations at higher risk of exposure to HIV</p> <p>Promote and advocate access to HIV-related services for people living with HIV and key populations at higher risk of exposure to HIV</p> <p>Review and prepare for continuation of legal referral systems for people living with HIV</p> <p>Ensure that systems are in place to document HIV-related human rights violations, including in situations where children are separated, unaccompanied and/or are orphans</p>	<ol style="list-style-type: none"> <li>1.Protect against HIV-related human rights violations</li> <li>2. Protect orphans and unaccompanied, separated and other vulnerable children and youth</li> <li>3.Protect the population from gender-based violence</li> </ol>	<ol style="list-style-type: none"> <li>1.1 Monitor allegations of HIV-related human rights violations</li> <li>1.2 Ensure HIV service provision that respects human rights</li> <li>1.3 Establish protection for women and girls</li> <li>2.1 Register, monitor and support vulnerable children</li> <li>2.2 Trace families of unaccompanied and separated children and attempt to reunite them</li> <li>2.3 Provide unaccompanied and separated children with the same essential information and services as all children</li> <li>3.1 Develop a coordinated response for gender-based violence prevention and response</li> <li>3.2 Develop programmes addressing gender-based violence</li> </ol>	<ul style="list-style-type: none"> <li>Conduct full assessment of the human rights situation</li> <li>Mainstream a human-rights-based approach into all HIV programmes</li> <li>Build local capacity to address human rights needs</li> <li>Respond to protection threats by taking appropriate community guided actions</li> <li>Re-establish or set up appropriate child protection mechanisms</li> <li>Establish and support care arrangements</li> <li>Build capacity for working with orphans and other vulnerable children</li> <li>Ensure that HIV is integrated into a multisectoral gender-based violence response</li> <li>Ensure gender-based violence programmes take into account key populations at higher risk of exposure to HIV</li> </ul>
<b>Food security, nutrition and livelihood support</b>	<p>Preposition supplies in the country and at regional hubs</p> <p>Determine criteria for food assistance to affected individuals and communities</p> <p>Develop agreement on procurement of stocks, transport and distribution of commodities</p> <p>Train staff and partners on (a) integration of HIV interventions in food and nutrition programmes and (b) integration of food security, nutrition and livelihoods skills in support of people living with HIV and orphans and other vulnerable children</p> <p>Integrate HIV proxy indicators (household headed by children or elderly, presence of a chronically ill person in a household) into food security and vulnerability analyses</p>	<ol style="list-style-type: none"> <li>1.Ensure food security, nutrition and livelihood support</li> <li>2.Provide nutritional support to people living with HIV</li> </ol>	<ol style="list-style-type: none"> <li>1.1 Target and distribute food assistance to HIV-affected communities and households</li> <li>1.2 Integrate HIV into existing food assistance and livelihood support programmes and food security, nutrition and livelihoods in HIV projects and activities</li> <li>1.3 Introduce specific measures to protect/adapt the livelihoods of HIV-affected households and support homestead food production</li> <li>2.1 Ensure adequate nutrition and care for vulnerable people living with HIV</li> <li>2.2 Respond to the specific needs of pregnant and lactating women living with HIV and their children</li> </ol>	<ul style="list-style-type: none"> <li>Adapt agricultural methods and build capacity</li> <li>Provide appropriate relief inputs and training to vulnerable and affected households to restore/rebuild livelihoods</li> <li>Adapt food distribution rations for hyperendemic settings</li> <li>Expand nutrition and care programmes for vulnerable people living with HIV</li> <li>Integrate nutritional support with other services</li> <li>Strengthen the capacity of people living with HIV and those on ART to provide for their nutritional needs</li> </ul>
<b>Education</b>	<p>Ensure HIV is included in all formal and non-formal education methods</p> <p>Train teachers and auxiliary staff on HIV, sexual violence and exploitation, and life skills</p> <p>Ensure sufficient stocks of key HIV and life skills educational materials and curricula</p> <p>Establish systems to monitor, supervise and respond to violence and abuse and HIV-related stigma and discrimination</p> <p>Facilitate access to education for children affected and infected by HIV</p>	1.Promote access to relevant and protective education for all children and young people	<ol style="list-style-type: none"> <li>1.1 Ensure that young people, including those affected by HIV, participate in planning, implementation and evaluation of education programmes</li> <li>1.2 Provide all children and young people with free access to formal and non-formal education</li> <li>1.3 Provide needs- and outcome-based participatory life-skills-based HIV education</li> <li>1.4 Provide enabling and protective learning environments for all children and young people</li> <li>1.5 Facilitate access to essential HIV health services for learners and staff</li> </ol>	<ul style="list-style-type: none"> <li>Refer affected children and young people to specialist services</li> </ul>
<b>Shelter</b>	<p>Ensure the safety of potential sites by designing shelter that decreases vulnerability to HIV and that accommodate the needs of people living with HIV</p> <p>Train staff in the understanding of HIV vulnerability as well as the needs of people living with HIV with regard to the design of sites, camps, urban housing and shelter environments</p>	1.Integrate HIV in shelter activities	<ol style="list-style-type: none"> <li>1.1 Select sites that are safe and secure</li> <li>1.2 Integrate HIV prevention messages into shelter programmes</li> </ol>	<ul style="list-style-type: none"> <li>Allocate shelter and land in a non-discriminatory manner</li> </ul>
<b>Camp coordination and camp management</b>	<p>Ensure familiarity with existing available HIV programmes and services and how to access these</p> <p>Ensure HIV is included in a comprehensive population profile</p>	1.Integrate HIV in camp coordination and camp management	<ol style="list-style-type: none"> <li>1.1 Establish HIV-sensitive camp governance mechanisms and services</li> <li>1.2 Mainstream HIV into camp coordination and camp management</li> </ol>	<ul style="list-style-type: none"> <li>Assess the situations of the affected camp population and plan appropriate programmes</li> <li>Expand camp governance mechanisms that protect people against HIV infection and promote the rights of people living with HIV</li> </ul>
<b>Water, sanitation and hygiene</b>	Train partners in HIV-related considerations for water, sanitation and hygiene programming	1.Integrate HIV in water, sanitation and hygiene programmes	<ol style="list-style-type: none"> <li>1.1 Ensure that people living with HIV and their carers have access to an appropriate and sufficient quantity and quality of water, sanitation and hygiene services</li> <li>1.2 Ensure that water, sanitation and hygiene programmes minimize the risks of violence against vulnerable groups, including people living with HIV</li> <li>1.3 Integrate HIV prevention messages into water, sanitation and hygiene programmes to help dispel misconceptions about HIV</li> </ol>	<ul style="list-style-type: none"> <li>Assess/monitor the impacts of water, sanitation and hygiene programmes on HIV vulnerability</li> <li>Expand/provide HIV education and hygiene education programmes</li> <li>Ensure access to appropriate water, sanitation and hygiene services in high-prevalence settings</li> </ul>
<b>HIV in the workplace</b>	<p>Adopt (agencies) workplace policies and programmes (including training of staff)</p> <p>Establish and disseminate code of conduct</p> <p>Preposition PEP kits and other HIV prevention and treatment commodities</p> <p>Train uniformed services, including for minimization of the risk of sexual violence and exploitation and HIV-related discrimination</p> <p>Deploy kits/medical kits to include HIV prevention and information, education and communication materials</p>	1.Implement HIV in workplace programmes	<ol style="list-style-type: none"> <li>1.1 Provide HIV information and education</li> <li>1.2 Provide condoms, PEP kits and access to other services</li> </ol>	<ul style="list-style-type: none"> <li>Expand HIV in the workplace programmes</li> <li>Support partners in establishing and implementing HIV in the workplace policies and programmes</li> </ul>